

## **SEWARD COUNTY COMMUNITY COLLEGE COURSE SYLLABUS**

### **I. TITLE OF COURSE:** PE2651- Sports Medicine Practicum IV

### **II. COURSE DESCRIPTION: 1 credit hours 0 credit hours of lecture and 1 credit hours of lab per week.**

This is the fourth level in a sequence of four levels. This course is designed to increase knowledge and practical applications for the student trainer to allow him/ her to gain the skills necessary to become successful trainer candidate. Basic skills from previous practicums will be repeated in the day to day operation for the training room. For each unit of credit, a minimum of three hours per week with one of the hours for class and two hours for studying/preparation outside of class is expected.

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Pre-requisite: PE2641- Sports Medicine Practicum III

### **III. PROGRAM AND/OR DEPARTMENT MISSION STATEMENT:**

The Seward County Community College physical education program will broaden the understanding of fitness for life by providing general education, appropriate technology, and professional development opportunities that promote a healthy lifestyle.

### **IV. TEXTBOOK AND MATERIALS:**

None

### **V. SCCC OUTCOMES**

Students who successfully complete this course will demonstrate the ability to do the following SCCC Outcomes.

- 1: Read with comprehension, be critical of what they read, and apply knowledge gained to real life
- 2: Communicate ideas clearly and proficiently in writing, appropriately adjusting content and arrangement for varying audiences, purposes, and situations.
- 5: Demonstrate the ability to think critically by gathering facts, generating insights, analyzing data, and evaluating information
- 6: Exhibit skills in information and technological literacy

### **VI. COURSE OUTCOMES:**

1. FIRST AID
2. Recognizes the importance of the sequences when performing first aid. Why do this? Why not do that?
3. Applies knowledge to aid in the prevention of athletic injuries.
4. Applies knowledge for successful treatment to athletic injuries.
5. Maintains current and accurate records on athletes.
6. TAPING/WRAPPING
7. Understand the premise behind taping. Know when an athlete needs tape, and when an athlete does not need tape.
8. Able to perform taping/wrapping techniques more rapidly and efficiently.
9. EVALUATION OF INJURY

10. Understand the progression of the evaluation process.
11. Utilizes special test to determine the mechanism of injury.
12. Recognizes what to look for in an injury such as: predisposing factors, environment, etc.
13. MODALITIES
14. Follows protocol for current use.
15. Knowledge of indications and contraindications of uses.
16. Understands the concepts behind modalities and the uses.
17. COMPUTER
18. Maintains current and accurate records of athletes.
19. Understands the basic of insurance.
20. REHABILITATION
21. Proper use of rehabilitation equipment.
22. Understand the purpose of the rehabilitation process.
23. Understands and utilizes Proprioceptive Neuromuscular Facilitation (PNF Patterns).
24. OTHER
25. Shows a general concern for the health and safety of student-athletes.
26. Good rapport with athletes, peers, and coaches.
27. Reliable.
28. Maintains a leadership role in the training room duties.
29. Exhibits an interest in the field of sports medicine.
30. Exhibits confidence in him/her self.

## **VII. COURSE OUTLINE:**

1. Prevention
2. Evaluation
3. Modalities
4. Rehabilitation.

## **VIII. INSTRUCTIONAL METHODS:**

1. Demonstration
2. Laboratory
3. Video Cassette.

## **IX. INSTRUCTIONAL AND RESOURCE MATERIALS:**

1. Handouts
2. Videos.

## **X. METHODS OF ASSESSMENT:**

Outcome #1 will be assessed and measured by class participation and writing assignments indicating comprehension of materials read.

Outcome #2 will be assessed and measured by the oral practical tests and writing assignments.

Outcome #4 will be assessed and measured by the student score on course examinations.

Outcome #5 will be assessed and measured by the students utilizing the modalities in the training room for the practical tests.

## **XI. ADA STATEMENT:**

Under the Americans with Disabilities Act, Seward County Community College will make reasonable accommodations for students with documented disabilities. If you need support or assistance because of a disability, you may be eligible for academic accommodations. Students

should identify themselves to the Dean of Students at 620-417-1106 or going to the Student Success Center in the Hobbie Academic building, room 149 A.

Syllabus Reviewed: 12/20/2018 16:46:36